

**New Patient Intake**

Date: \_\_\_\_\_

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender: \_\_\_\_\_

Occupation: \_\_\_\_\_

Referred By: \_\_\_\_\_

Primary Care Physician's Name and Phone Number: \_\_\_\_\_

Emergency Contact Name and Phone Number: \_\_\_\_\_

Relationship to Emergency Contact: \_\_\_\_\_

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Insurance Company Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Insured Name: \_\_\_\_\_ Primary Insured DOB: \_\_\_\_\_

Insurance ID: \_\_\_\_\_ Group ID: \_\_\_\_\_

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Reason for Visit: \_\_\_\_\_

Date Symptoms Started: \_\_\_\_\_

Goals for Treatment: \_\_\_\_\_

Are your symptoms from a work injury or car accident?\*      Yes      No

**\*If yes, please notify the front desk to receive additional paperwork\***

Have you had (or are currently receiving) treatment for this condition?      Yes      No

If yes, where and when? \_\_\_\_\_

Have you recently been hospitalized?      Yes      No

If yes, when and why? \_\_\_\_\_

Have you had a recent:            X-Ray                    MRI                    CT Scan                    EMG                    None

If yes, when and why? \_\_\_\_\_

Circle the number that describes your pain level:	Circle areas where you have pain:													
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20px; text-align: center;">1</td> <td rowspan="3" style="padding-left: 10px;">Low. No pain medication. Normal levels of activity.</td> </tr> <tr> <td style="text-align: center;">2</td> </tr> <tr> <td style="text-align: center;">3</td> </tr> <tr> <td style="text-align: center;">4</td> <td rowspan="3" style="padding-left: 10px;">Moderate. Regular use of pain medication. Activity is very limited, but functional.</td> </tr> <tr> <td style="text-align: center;">5</td> </tr> <tr> <td style="text-align: center;">6</td> </tr> <tr> <td style="text-align: center;">7</td> <td rowspan="3" style="padding-left: 10px;">High. Regular use of pain, anti-inflammatory, and/or muscle relaxer medications. Activity is self-care only.</td> </tr> <tr> <td style="text-align: center;">8</td> </tr> <tr> <td style="text-align: center;">9</td> </tr> <tr> <td style="text-align: center;">10</td> <td style="padding-left: 10px;">Emergency Situation – Unbearable Pain</td> </tr> </table>	1	Low. No pain medication. Normal levels of activity.	2	3	4	Moderate. Regular use of pain medication. Activity is very limited, but functional.	5	6	7	High. Regular use of pain, anti-inflammatory, and/or muscle relaxer medications. Activity is self-care only.	8	9	10	Emergency Situation – Unbearable Pain
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9														
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Describe your pain by checking all that apply:

Constant \_\_\_\_\_            Intermittent \_\_\_\_\_            Sharp \_\_\_\_\_            Dull \_\_\_\_\_  
 Throbbing \_\_\_\_\_            Aching \_\_\_\_\_            Burning \_\_\_\_\_            Shooting \_\_\_\_\_  
 Other \_\_\_\_\_

Stress Level:    High \_\_\_\_\_            Moderate \_\_\_\_\_            Low \_\_\_\_\_

Personal Health is Currently:    Good \_\_\_\_\_            Fair \_\_\_\_\_            Poor \_\_\_\_\_

If poor, please explain: \_\_\_\_\_

What hobbies, leisure, and/or recreational activities do you enjoy? \_\_\_\_\_

Does your current pain affect your ability to enjoy these activities?    Yes                    No

Does your current pain affect your ability to participate in normal roles and responsibilities (work, school, social activities, parenting, care-giving, etc.)?    Yes                    No

If yes, please explain: \_\_\_\_\_

Allergies:            Yes                    No

If yes, please list: \_\_\_\_\_

List all medications (prescription and non-prescription) currently taking:

\_\_\_\_\_

List all previous surgeries (surgery, month/year format):

\_\_\_\_\_

\_\_\_\_\_

Check all the following that apply:

- |                                                     |                                                  |                                                    |                                         |
|-----------------------------------------------------|--------------------------------------------------|----------------------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Cancer                     | <input type="checkbox"/> Chemical Dependency     | <input type="checkbox"/> Osteoporosis              | <input type="checkbox"/> Heart Problems |
| <input type="checkbox"/> Thyroid Problems           | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Anemia                    | <input type="checkbox"/> Asthma         |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Multiple Sclerosis      | <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Stroke         |
| <input type="checkbox"/> Arthritis                  | <input type="checkbox"/> Emphysema/Bronchitis    | <input type="checkbox"/> Fibromyalgia              | <input type="checkbox"/> HIV/AIDS       |
| <input type="checkbox"/> Vertigo/Dizziness          | <input type="checkbox"/> Contagious Disease      | <input type="checkbox"/> Epilepsy/Seizures         | <input type="checkbox"/> Depression     |
| <input type="checkbox"/> Anxiety                    | <input type="checkbox"/> Headache/Migraine       | <input type="checkbox"/> Sleep Disorders           | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Jaw Pain/TMJ               | <input type="checkbox"/> Neck Pain               | <input type="checkbox"/> Mid Back Pain             | <input type="checkbox"/> Low Back Pain  |
| <input type="checkbox"/> Bursitis                   | <input type="checkbox"/> Tendonitis              | <input type="checkbox"/> Hypermobility             | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Bruise Easily              | <input type="checkbox"/> Blood Clots             | <input type="checkbox"/> Muscle Cramping           | <input type="checkbox"/> Pulled Muscle  |
| <input type="checkbox"/> Infectious Skin Conditions |                                                  | <input type="checkbox"/> Swelling/Edema/Lymphedema |                                         |

Other: \_\_\_\_\_

Are you currently pregnant?    Yes    No

If yes, when is your due date? \_\_\_\_\_

**I certify, to the best of my knowledge, that the above information is true and correct.**

\_\_\_\_\_  
 Patient/Guardian Signature

\_\_\_\_\_  
 Printed Name of Patient

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Guardian Relationship (if applicable)



## Informed Consent for Treatment

### Physical Therapy

The purpose of physical therapy is to treat disease, injury and disability by examination, evaluation, diagnosis, prognosis and intervention by use of rehabilitative procedures, mobilization, massage, exercises, and physical agents to aid the patient in achieving their maximum potential within their capabilities and to accelerate convalescence and reduce the length of functional recovery. All procedures will be thoroughly explained to me before I am asked to perform them.

Response to physical therapy intervention varies from person to person; hence, it is not possible to accurately predict my response to a specific modality, procedure, or exercise protocol. Prime Sports Med does not guarantee what my reaction will be to a specific treatment, nor does it guarantee that the treatment will help resolve the condition that I am seeking treatment for. Furthermore, there is a possibility that the physical therapy treatment may result in aggravation of existing symptoms and may cause pain or injury.

I acknowledge that I have the right to decline any part of my treatment at any time before or during treatment, should I feel any discomfort or pain or have other unresolved concerns. It is my right to ask my physical therapist about the treatment they have planned based on my individual history, physical therapy diagnosis, symptoms, and examination results. Consequently, it is my right to discuss the potential risks and benefits involved in my treatment.

I have read this consent form and understand the risks involved in physical therapy and agree to fully cooperate, participate in all physical therapy procedures, and comply with the established plan of care.

Accept Treatment: Patient Initials \_\_\_\_\_ Decline Treatment: Patient Initials \_\_\_\_\_

### Chiropractic

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays, on me (or on the patient named below, for whom I am legally responsible) by a Doctor of Chiropractic at Prime Sports Med.

I have had an opportunity to discuss with the doctor or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment including, but not limited to, fractures, disc injuries, strokes, dislocations and sprains. It is not reasonable to expect the doctor to be able to anticipate and explain all risks and complications of a given procedure on any particular visit, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, is in my best interests.

Chiropractic treatment involves the science, philosophy and art of locating and correcting spinal misalignments and as such, is oriented toward improvement of spinal function relative to range of motion, muscular and neurological aspects. There has been no promise, implied or otherwise, of a cure for any symptom, disease or condition as a result of treatment in this clinic. It is my intention to rely on the doctor to exercise professional judgment during the course of any procedures, which he feels at the time to be in my best interest.

By signing below, I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Accept Treatment: Patient Initials \_\_\_\_\_ Decline Treatment: Patient Initials \_\_\_\_\_

### **Dry Needling & Acupuncture**

Dry Needling (DN) and Acupuncture (A) are a skilled technique performed by a provider using a single-use, single-insertion, sterile filiform needle, which is used to penetrate the skin or underlying tissue to effect change in body conditions, pain, movement, impairment and disability. Like any treatment there are possible complications. While these complications are rare in occurrence, they are real and must be considered prior to giving your consent for dry needling treatment.

Risks of the procedure: The most serious risk associated with DN or A is accidental puncture of a lung (pneumothorax). If this were to occur, it may require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe lung puncture, while rare, may require hospitalization. Other risks may include bruising, infection or nerve injury. It should be noted that bruising is a common occurrence and should not be a concern. The monofilament needles are very small and do not have a cutting edge; the likelihood of any significant tissue trauma from DN or A is unlikely.

Accept Treatment: Patient Initials \_\_\_\_\_ Decline Treatment: Patient Initials \_\_\_\_\_

### **Massage Therapy**

Massage therapy is a treatment modality designed for problems associated with the musculoskeletal system such as chronic muscle stiffness, loss of range of motion, chronic musculoskeletal pain, lymphatic retention and diminished bio-energy. Massage therapy is contraindicated under certain medical conditions. Because of this, it is absolutely necessary for clients to disclose their medical history to their massage therapist. My signature represents my complete medical disclosure and my understanding that massage therapy is not a substitute for a medical examination, diagnosis, or treatment.

I acknowledge that I have the right to decline any part of my treatment at any time before or during treatment, should I feel any discomfort or pain or have other unresolved concerns. It is my right to ask my massage therapist about the treatment they have planned based on my individual history, medical diagnosis, symptoms, and examination results. Consequently, it is my right to discuss the potential risks and benefits involved in my treatment.

I have read this consent form and understand the risks involved in massage therapy and agree to fully cooperate, participate in all massage therapy procedures, and comply with the established plan of care.

Accept Treatment: Patient Initials \_\_\_\_\_ Decline Treatment: Patient Initials \_\_\_\_\_

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian Relationship (*if applicable*)



## **Financial & Attendance Policy**

We strive to provide the highest quality health care while maintaining affordability for you, the patient. We understand that even with insurance, most patients will experience at least some out of pocket expense.

### **Patients WITH Insurance**

Our office will accept your insurance on assignment and do participate as preferred providers for many insurance plans. However, the following must be fully understood:

- It is your responsibility to notify our office if there are any changes in your insurance provider(s).
- You will be responsible for your deductible, coinsurance, or copay. Payment is due at time of service.
- Your insurance is a contract between you and your insurance provider. Our office will not enter into a dispute with your insurance provider over policy limitations or issues. This is your responsibility and obligation. All charges incurred are your responsibility.
- We cannot be certain if your insurance covers chiropractic care, physical therapy, or massage therapy, although most policies do provide some coverage. The amount they pay varies from one policy to another. We will call to verify benefits on your insurance; however, the benefits quoted to us by your insurance provider are not a guarantee of payment.

**Patient Initials** \_\_\_\_\_

### **Patients WITHOUT Insurance**

We require that 100% of the examination and treatment be paid at the time of the visit. If you have any questions or concerns regarding this, please speak to our front desk staff PRIOR to your appointment. We accept cash, check, or card. No insurance will be billed.

**Patient Initials** \_\_\_\_\_

### **Attendance Policy**

While we are sensitive to the fact that an emergency may occur, cancellations, especially last-minute ones, along with patient no-shows, decrease our ability to accommodate the scheduling needs of all our patients. Accordingly, we must ask for your cooperation with the following policy:

- If you are more than 20 minutes late for your appointment and fail to notify us, treatment may be cancelled, and a fee charged for missing the appointment.
- A scheduled appointment must be cancelled at least 24 hours in advance, or a fee will be charged for that appointment.
- Failure to show up for an appointment (NO SHOW) without notifying us will result in a fee being charged for that appointment.
- All patients, regardless of insurance/third party payor, will be charged a cancellation fee for each late, late cancelled, or no-show appointment. The patient is responsible for the fee, not the insurance or third party payor.
- Repeated failure to comply with this attendance policy will result in your name being placed on a "Schedule Based on Availability" list. This will require you to call for an open appointment on each day you would like to receive treatment.

**Patient Initials** \_\_\_\_\_



Fee Schedule:

- New Patient Chiropractic Exam & Adjustment: \$75
- Chiropractic Adjustment: \$44
- New Patient Chiropractic Exam & Sports Therapy: \$115
- Chiropractic Sports Therapy: \$89
- New Patient Physical Therapy: \$125
- Returning Patient Physical Therapy: \$100
- 30 Minute Massage Therapy: \$40
- 60 Minute Massage Therapy: \$69

**Patient Initials** \_\_\_\_\_

We believe that this policy is necessary for the benefit of all our patients, so that we may continue to provide high quality treatment and service to everyone.

Prime Sports Med appreciates your anticipated adherence and cooperation with this policy. Positive results will be achieved with compliance to the plan of care. We are here to help you attain all your goals and are available to discuss this policy with you if there are any questions.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian Relationship *(if applicable)*



**HIPAA Form  
Consent for Purposes of Treatment, Payment & Healthcare Operations**

In this document, "I" and "my" refer to the patient, and "Provider" refers to Prime Sports Med clinic.

I consent to the use or disclosure of my protected health information by the Provider for the purpose of analyzing, diagnosing or providing treatment to me, obtaining payment for my health care bills or to conduct health care operations of the Provider. I understand that analysis, diagnosis or treatment of me by the Provider may be conditioned upon my consent as evidenced by my signature below.

I understand that I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or healthcare operations of the practice. The Provider is not required to agree to the restrictions that I may request. However, if the Provider agrees to a restriction that I request, the restriction is binding on the Provider.

I have the right to revoke this consent, in writing, at any time, except that the Provider has taken action in reliance on this consent.

My "protected health information" means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearinghouse. The protected health information relates to my past, present or future physical or mental health or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I have been provided with a copy of the Notice of Privacy Practices of the Provider and understand that I have a right to review the Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of the Chiropractor. The Notice of Privacy Practices for the Provider is also posted in the waiting room at Prime Sports Med. This Notice of Privacy Practices also describes my rights and duties of the Provider with respect to my protected health information.

The Provider reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by calling the office of the Provider and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Printed Name of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian Relationship *(if applicable)*